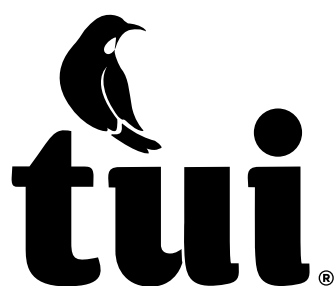


FREE



SUMMER
TIMES
2019

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**CREATE YOUR
SUMMER OASIS**
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ISSUE
33

Discover
five never
fail veges

Refresh
your
strawberries

Grow
herbs and
edible flowers

Pick
indoor plants
for your space

Plant
summer loving
crops



Did you know this paper is 100% compostable? Tear it up and place it in your compost once you've read it.

HELLO SUMMER!

With the longer, warmer days comes an abundance of delicious homegrown harvests to enjoy with family and friends at your place. Summer-loving crops, edible flowers and never fail veges, if you've got the vision, we've got the know-how.



Watermelon, tomatoes, chillies and passionfruit are all on the planting list this season. Head to **page 5** to discover more summer-loving crops to grow and tips for a bumper crop.

On **page 6**, Liz Anderson (@tiny_farmstead), known for her colourful half acre backyard farm, shares her top five never fail veges to help you grow with ease and reap the reward of fresh homegrown food.



@tiny_farmstead

It wouldn't be summer without strawberries, and the taste of freshly picked berries is unbeaten. Turn to **page 10** to get the most from your strawberry patch.



Salads fresh from the garden are on the menu over the entertaining season. Add a finishing flavour punch with herbs like mint, basil and parsley, and a splash of colour with delicate edible flowers. Discover these winning ingredients on **page 8** for summer salad success.

Share your pride of place and win!

Over summer your garden will be bursting with delicious crops and vibrant beautiful blooms. We'd love to see your pride of place and how you're enjoying it! Share your summer garden snaps on our Facebook facebook.com/TuiGarden/ or on Instagram with **#myprideofplace** to be in to win. Tag **@tuigardenandhome** to be featured too. Three **#myprideofplace** winners will each win a summer garden pack to keep their garden growing. Entries close 21 February 2020.



MY PRIDE OF PLACE

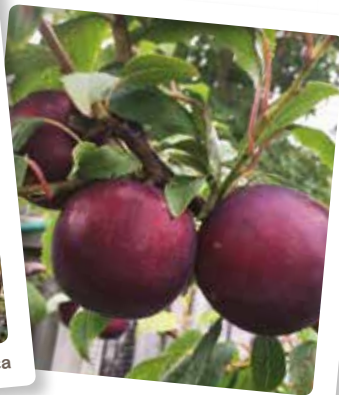
We're loving seeing how your pride of place is looking. From mini orchards bursting with fresh fruit to lush green lawns, the variety and quality in your home gardens is amazing! Here are a few of our favourite snaps shared over spring.

"My partner decided to cut out this particular apple variety in our small orchard as the fruit didn't taste good. I said to him to just give it another year more. He said 9 years of bearing not-so great fruit is enough, but I convinced him in the end. The next season the tree gave us the yummiest, sweetest and crunchiest fruits ever! It paid to give it a chance!" – **Jessica**

"My Scarlett Sunrise plumcots" – **Richard**



Jessica



Richard

"We only use Tui product on our lawn. For any patches we use LawnForce Preparation Mix and then sow a fine grass. We spray for weeds and start fertilising with LawnForce Max Green each month from August to December, with heavy watering in November and December. The trick is to mow the lawn on the highest level so it stays thick and maintains moisture for the hot summer months." – **Chris**

"Happy little spring bulbs putting on a show in our garden" – **Heather**



Chris



Heather

"My vegetable garden, built and planted late April. Loving eating straight from the garden." – **Chris**

"Luisa plum tree - our fave plums!" – **Helen**



Chris



Helen

"Sunset mix flowering alongside our garlic patch" – **our_kitchengarden**

"Busy little bee laden with food for the hive" – **helenblake1958**



our_kitchengarden



helenblake1958

"This is the last of the lime harvest and my Meyer lemons, which I'm just starting to harvest." – **kitchengardenz**

"Round two of the cabbages." – **Anissa**



kitchengardenz



Anissa



Share your summer garden snaps with [#myprideofplace](https://www.instagram.com/myprideofplace)

INDOOR PLANTS

Cool Plants offers beautiful indoor plants online, plus a wider range of plants, planters and accessories from our Tauranga showroom. We provide plant consultations, expert advice and individualised plant care to ensure our customers get the best from their greenery.

Our love for indoor plants came about after experiencing infertility. We found gardening and growing indoor plants healing as we navigated what life would look like without kids. As our interest and skills developed, requests for our interior plant styling services grew. Cool Plants has evolved as a way to combine our two favourite things, people and plants. We now get the opportunity to grow life in a different way.

As all our lives get busier, we look for ways to feel a connection with nature. Indoor plants offer calm, texture, colour and cleanse the air in our homes and workspaces. They provide the 'bridge to nature' and help us live better.

Here are some handy tips to ensure your 'bridges to nature' last the distance. Firstly, choosing the right plant for the right place is central to whether a plant lives or dies, limps along or thrives. Things to consider before buying are light, watering, time commitment, and placement.

- 1. Watering:** Plants don't operate on a "it's Saturday therefore I get watered" regime. Before watering, check the moisture levels by either using the tips of your fingers to get down deep in the soil or use a moisture meter. Don't water if the soil is moist – over watering kills more than underwatering, especially in the cooler months. Ensure your plant is never left standing in a pool of water as this can result in root rot. All plants require excellent drainage.
- 2. Position/Light:** Nothing erodes confidence in plant parenting like a sad or sunburnt plant so be sure to choose the right plant for your individual light conditions. There are options for direct sun (i.e. succulents, crotons) through to low light (i.e. Sansevieria, Zamioculcas), with most preferring bright indirect/filtered light.
- 3. Feeding:** Most plants go into dormancy in winter and the key growing period is spring to summer. Feeding your plants promotes new growth and replaces nutrients; making them stronger and resistant to pests. Use a liquid plant food or a granular option like **Tui Enrich Pots & Containers Fertiliser** and be sure to follow the instructions for the size of your pot.
- 4. Caring:** Take time to nurture your plants – remove any dead or unhealthy leaves and check for evidence of pests. Do they need repotting, dusting, or does the soil need topping up?
- 5. Commitment:** Is watering your plants low on your to-do list? Plants like Sansevieria, Zamioculcas and succulents are dry tolerant and less likely to curl up their toes from occasional neglect.

CHOOSING THE PERFECT PLANT

For those starting their plant parent journey, some easy-care options are Sansevieria, Zamioculcas, succulents, Syngoniums, Asparagus Myerii, Dracaena, Spathiphyllum (Peace Lily), air plants and ivy.

Consider what you are trying to achieve in your home or workspace. Stunning large leaved plants like Ficus Lyrata, Strelitzia, Philodendron Selloum and Monstera Deliciosa

offer a warm tropical appeal to interiors. Ever popular trailing options are Philodendron Scandens, Aeschynanthus, Pothos (marble, golden, satin), String of Pearls and Chain of Hearts. Some air cleansing super stars are Dracaena, Devils Ivy, Spathiphyllum, and Sansevieria. There really is a plant for all situations.

We wish you and your plants a long and happy green life together!

BY LARA BUI

Location: Tauranga,
Bay of Plenty

📍 coolplants.co.nz



SUMMER GARDENING GUIDE

Summer in the garden means delicious spring vege crops are ready to harvest and enjoy. To keep up a continuous supply add sun-loving crops to your patch, and check out our easy-care plant options for a low-maintenance garden.

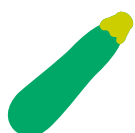
SUMMER SUN LOVERS TO GROW NOW



Capsicum



Chilli



Courgette



Cucumber



Passionfruit



Strawberry



Watermelon



Tomato

TOP TIPS FOR A SUCCESSFUL SUMMER GARDEN:

- Applications of **Tui Organic Seaweed Plant Tonic** to your garden every four weeks will promote overall healthy plant and root growth and help your plants cope with drought, pests and diseases.
- Heat loving crops like tomatoes, capsicums and courgettes can be prone to blossom end rot. This can be caused by irregular watering, allowing them to dry out and then watering heavily. Make sure to water your plants regularly and consistently to avoid the risk of disease. Find out more on page 9.
- Give your plants a good, deep soak every few days rather than a light watering every day. This will encourage deep roots and help plants better survive short term drought.
- Dig in **Tui Compost** to your soil before planting, it's an excellent water saver and improves the soil by increasing water holding capacity.
- Keep harvesting your veges like leafy salad greens to encourage more growth throughout the season. Also, the more you pick your strawberries the more they will grow!
- Summer is a key growing season, so remember to replenish the nutrients used by your plants by feeding with a specially blended fertiliser like **Tui Enrich Vege, Tomato & Herb** for veges.
- Protect your plants roots and conserve moisture with layers of **Tui Mulch & Feed**. New **Tui Citrus & Fruit Mix** can also be used as a mulch around existing fruit trees. Make sure the weeds/grass are removed from around the base of the tree. That way the tree will get the benefit of the nutrients, organic matter and wetting agent in the mix. Apply a 5cm layer around the tree.
- A summer must-have, **SaturAid** granular soil wetter promotes even water distribution by channelling water to the root zone where it is needed most and will help reduce water use by up to 50%.

EASY-CARE OPTIONS FOR LESS MAINTENANCE

- **Cacti and succulents** will grow pretty much anywhere and don't need a lot of attention. They love dry, sunny areas with sandy soils and make perfect companions for pots and containers. Cacti and succulents don't need excessive watering, once every couple of weeks is usually enough.
- **Proteas** are ideal for the dryer months. Once established they require little watering, feeding or attention and will thrive best left to their own devices. Proteas will last about two weeks once picked, and make stunning additions to floral arrangements, fresh or dried.
- All **Cosmos** want to do is flower, and once established will flower from late spring to the coldest months. They're perfect for the time-poor gardener as they will cope with long, dry periods. Choose from a wide range of beautiful bright colours.
- **Lavender** will thrive in a sunny spot with good drainage. They're ideal as a hedge, in pots and containers, picked for the vase or dried. Lavender fragrance, foliage and flowers are hard to beat!



TOP 5 NEVER FAIL VEGES

BY LIZ ANDERSON

📷 tiny_farmstead

Nothing beats the satisfaction of 'growing your own'. Liz Anderson (@tiny_farmstead) shares her top five never fail crops for veggie success at your place. These low maintenance veges will happily grow in pots on your patio or in a large patch in your backyard. Size and space are no restriction to growing a successful summer garden!

1

Patio Tomatoes

Nothing quite says summer like a perfectly sun ripened tomato fresh from the vine. However, it's not always easy growing the perfect tomato. It can be a battle trying to beat the birds and the bugs to them, and then there's strong winds and disease to worry about.

This is where I've found patio tomatoes the perfect never fail option. Their short statures don't require staking and makes them easy to net from the birds and bugs. There's no need to worry about the weather, as it's easy to protect them from the elements (or pop them inside when necessary). Varieties such as Birdie Canary only get to 30cm tall so you can grow them in the smallest of places.

2

Radish

Radishes are the Christmas bauble of the veggie garden. They come in an endless assortment of shapes and colours, and most varieties can be grown year-round. Generally ready to harvest within four to six weeks of sowing, these are the perfect veg for filling up gaps. They do best directly sown, and for no fail growing in the warmer months, keep the soil damp while they germinate with some mulch and consistent watering. Thin them out at two weeks if you have sown them too closely together and you'll be harvesting in no time. Try Red and Blue Moon radish for something a bit different.

Liz's Top Tip

Regardless of what I'm growing, my go-to never fail tip is to invest in a good seaweed tonic. Seaweed is packed full of beneficial plant hormones and nutrients that conditions both your plants and soil. I'm never without it when planting out as it helps with recovery and reduces transplant shock.



3

Dwarf Beans

These stout little plants are incredibly easy to grow and really pack a punch in the productivity department. At approximately 50cm high they don't require staking, but do well if they're planted closely together to support each other, at about 10cm apart. They produce heavily for approximately four weeks so sow seeds every few weeks for a continuous supply. The easiest way is to pop your seeds straight into the ground once the soil temperatures reach 15 degrees, and you'll be completely and utterly surprised by how much you harvest off these tiny plants. These do fantastic in trough planter pots and my favourite varieties are Top Crop and Golden Wax.

4

Silver and Rainbow Beets

For consistent performance my favourite leafy green would have to be silverbeet. Unlike other greens that can be sensitive to changes in the weather, silverbeet can be grown year-round. They're the perfect cut and come again crop, meaning if you keep harvesting the outer leaves, they'll keep producing new ones. They come in a range of different colours, all of which have a slightly different flavour profile. Perfectly suited for growing in pots, this is one veg that never fails to grow well. My current favourite variety is Peppermint Chard which has beautiful pink stripes against a white stem.

5

Peppers

Semi neglect your peppers and be prepared to be inundated. The trick to no fail peppers is not planting them outside too early, these are plants that really do their best with lots of warm sun, and a cold start will stall their growth. I find early December best once the worst of the temperamental spring weather has passed. Give them a good start with healthy soil that's loaded with compost and sheep pellets, but once they start flowering hold back on any extra fertiliser, they don't like too much nitrogen when setting fruit. That good soil will be enough to see them through. My must try pepper this year is Shishito.



SUMMER HERBS & EDIBLE FLOWERS

Summer is here, and there's no better time to be making fresh salads, tasty dishes and summer drinks for relaxing afternoons in the sun. Add some flavour to your season and plant a combo of herbs and edible flowers to pick for your creations!

MINT

Planting tips

Mint is quick and easy to grow, and is happy in either sun, shade, pots (a great way to grow if you need to contain it) or garden beds. Just make sure the soil is moist for mint to flourish.

Enjoy me...

Add a few mint leaves to your salads paired with grated ginger and lemon zest, the flavour combo will add a zingy, fresh flare to your favourite salad. The classic mojito wouldn't be complete without a few sprigs of mint or simply add it to water or juice for extra freshness.

PARSLEY

Planting Tips

Parsley needs deep, well-drained, moist soil in a sunny or partly shaded position and will grow happily in pots and containers. One or two plants should supply a household for around a year if harvested regularly.

Enjoy me...

Fresh parsley flavour is delicious raw in salads, sauces, or finely chopped for use in dishes such as tabbouleh along with cucumber, tomatoes, mint, lemon juice, olive oil and bulgur wheat.

Tui Herb Tip

If you want to try something different, plant a combination of Vietnamese mint, Thai basil and lemongrass – all delicious additions to Asian dishes.

LAVENDER

Planting tips

Lavender is relatively easy to grow – with a sunny spot and good drainage it happily thrives for several years. The best edibles are English lavender varieties.

Enjoy me...

Crush garlic cloves and a few lavender sprigs in a bowl with olive oil to enhance your roast meats, and lavender syrup, grapefruit juice and some fresh lavender sprigs combine for a refreshing cold drink. Lavender is also a fun addition to shortbread!

ROSEMARY

Planting tips

Rosemary is a quick growing shrub that prefers full sun, and well drained soil. Once established, it will cope with long dry periods, so perfect for summer.

Enjoy me...

Rosemary pairs especially well with lamb or roast meats, and for a tasty dipping sauce mix with olive oil and sea salt for your platters.

BASIL

Planting tips

Basil is a relatively easy to grow herb, but it doesn't enjoy having wet feet or cold damp weather. A sunny spot in the garden or on the windowsill is best for basil.

Enjoy me...

Basil will add life to salads, salsas and pastas, and pairs especially well with tomatoes, lemon, garlic, onion, and balsamic vinegar.

CORIANDER

Planting Tips

Coriander will be happy to grow in almost any well-dug soil, in both sun and shade. Coriander plants do have a delicate root system so don't like to be disturbed, and they're perfect for pots and containers.

Enjoy me...

Coriander pairs well with avocado, lime, tomatoes and red onion, so a perfect addition to your salads and guacamole for a flavour punch.

EDIBLE FLOWERS

Use colourful blooms to brighten up your food this summer! Get creative and try using edible flowers in your kitchen – add them to ice cubes for summer drinks, in hot and cold herbal teas or sprinkle a selection over your next salad or cheese platter for a delicate touch.



Viola / Pansy



Marigold



Calendula



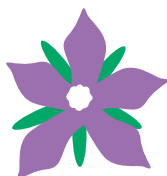
Nasturtium



Chive Flowers



Pineapple sage



Borage

SUMMER Q&A

For the most part summer in the garden means warm weather, flourishing vege patches and beautiful blooms. However, things don't always go to plan. We've put together answers to common garden questions for summer garden success.

Q. Why have the leaves on my rose suddenly turned yellow and fallen off?

A. This is die-back which can be caused by a number of things including black spot, mildew or rust. Die-back is a symptom of disease and not necessarily the cause. Cut away the infected branches to beyond the infected wood, on a dry sunny day. Seal the wounds to prevent disease entering the plant and pick up any infected leaves to stop disease spreading. Keep your rose well watered and feed it during spring, summer and autumn with a **Tui Rose Food**.

Q. How do I treat blossom end rot on my tomatoes and my courgettes?

A. Blossom end rot commonly affects tomatoes, capsicums and courgettes. It is not a disease but a physiological disorder and can't be spread from plant to plant or from fruit to fruit. Often it is caused by a lack of calcium and magnesium. It can also be caused by irregular watering – the plant drying out and then heavily watered. Improve air circulation around the plants, make sure watering is consistent and apply a side dressing of **Tui Dolomite Lime** to correct any calcium and magnesium deficiencies. Also give your plants regular applications of **Tui Organic Seaweed Plant Tonic** to help keep them healthy and cope with extremes in temperature.

Q. Why does my passionfruit have yellow leaves and little new growth?

A. This could be too much fertiliser, and also passionfruit need at least 18 months to two years to establish. Regularly feed with **Tui Organic Seaweed Plant Tonic** every 7 days at a rate of 70mls per 9 litre watering can. Once you see it pick up then cut the **Tui Organic Seaweed** back to every two weeks at 30mls per 9 litre watering can. Feed in spring with a nitrogen rich fertiliser such **Tui NovaTec Premium** fertiliser when it is going through its leafy growth phase until it starts to flower.

Q. How do I stop my herbs going to seed?

A. Herbs should be regularly trimmed or harvested to maintain fresh bushy growth. They will bolt and go to seed in the summer if the soil dries out too much. Herbs therefore need a regular watering regime to avoid going to seed early. Soft herbs like chervil, coriander and dill are not long-lived plants. 2-3 months is about all you can expect to get out of them and over a hot summer, it can be even less. Feed herbs regularly with **Tui NovaTec Premium** and apply **Tui Organic Seaweed Plant Tonic** for an overall boost. If herbs go to seed, save the seed to sow new crops.

Q. How do I fix thick skin on my lemons?

A. The main reason for this is nutrient imbalance. If they don't get the right nutrients it will affect how the fruit develop. Too much nitrogen is often the problem – this can come from heavy layers of animal manure, thick levels of compost or using the wrong fertiliser. They also require deep watering in summer when the fruit is developing.

Discover more answers to common garden questions using the Garden Question section on our website: tuigarden.co.nz/garden-questions

SUMMER STRAWBERRY SUCCESS

The great Kiwi pavlova just wouldn't be the same without a generous topping of delicious red strawberries this Christmas. Follow our tips to get the most from your strawberries this summer.

- Make sure your strawberries enjoy the summer sun so they are nice and sweet. Lack of sun will mean little or no flavour for your berries.
- Feed your strawberries and they will feed you. Replenishing nutrients used by your strawberries ensures they will grow to their full potential. For strawberries planted in garden beds feed with **Tui Strawberry Food** every four weeks during key growth periods of spring and summer. Feed strawberries planted in pots in containers with a controlled release fertiliser such as **Tui Enrich Fruit, Citrus, Tree & Shrub**.
- Keep your strawberries well watered. Well watered, well nourished strawberries will have a better chance of keeping insect pests and diseases at bay. Regular applications of **Tui Organic Seaweed Plant Tonic** will also keep your strawberries healthy and help them cope with summer heat.
- Birds love juicy strawberries, make sure you put up netting to protect yours once they start fruiting.
- Protect your plants from the elements with layers of **Tui Strawberry Straw**, to help keep their roots moist in the warmer months, keep fruit off the soil and to help keep your strawberry patch weed free.
- Borage, onion and marigold are all good companions for strawberries. They repel insects and some other pests, along with providing colour and food for bees.
- If your strawberries are drying up before they mature possible causes include poor pollination, drying out between watering and inconsistent watering. Mulch to help conserve soil moisture and feed regularly with **Tui Strawberry Food**, which contains potassium to help flowering and fruiting. Water consistently, especially over the summer months as the fruit forms and when heat can cause stress.
- Brown spots on strawberry leaves is common. In most cases it doesn't affect the fruit. Simply remove the badly affected leaves and discard them.

FREE PLANTS!

Planting out the runners of your strawberry plants is a great way to get more strawberry plants for free. If you leave your existing strawberry plants to fruit for another season, fruit size will be reduced, therefore you will get a more abundant crop next season if you plant out the runners.

Runners form from the parent plant on a long stem, new plants grow at the end of these runners. Select the new plant you want to plant out and cut the runner, leaving it a few centimetres long.

Then plant the new plant directly into the garden with **Tui Strawberry Mix**.

Did you know?

Strawberry varieties are either short-day or day-neutral. Short-day varieties like Camarosa, Chandler and Pajaro produce flower buds when the days are short providing an early spring crop. They are best planted in mid-winter. Day-neutral varieties including San Andreas, Aromas and Temptation flower throughout spring and summer and therefore can be planted later than short-day varieties.

TUI PRODUCT PICK



Tui Strawberry Food is a balanced blend of nutrients designed to encourage fast establishment and growth of strawberry plants. Tui Strawberry Food makes plants stronger and more disease resistant, while increasing fruiting potential for large, succulent strawberries. Also suitable for other berry varieties.

SUMMER PRODUCT PICKS

The arrival of summer means exciting new products to keep your garden healthy and refreshed. Discover our summer product picks below.

TUI INDOOR PLANT MIX

All new **Tui Indoor Plant Mix**, a high quality potting mix containing the right blend of nutrients to provide your indoor plants with the best possible start and sustained growth. The inclusion of a starter fertiliser provides instant nutrients and prevents transplant shock. A six month controlled release fertiliser provides sustained feeding, and SaturAid channels water directly to the roots. Keep an eye out for **Tui Indoor Plant Mix**, for all your indoor plant needs.



TUI WORM FARM KIT

Turn your organic kitchen and garden waste into rich fertiliser for your garden with the **Tui Worm Farm Kit**. The **Tui Worm Farm** is compact and easy to use, is ideal design to sit in your garden or on your balcony and produces natural fertiliser in the form of worm castings and worm tea. This bonus pack includes a free worm blanket and **Tui Worm Farm & Compost Conditioner**.



TUI LAWNFORCE® WEEDKILL

All new **Tui LawnForce® Weedkill Slow Release Lawn Fertiliser**, includes a selective weed killer that eliminates common broadleaf weeds from invading your lawn. The inclusion of convenient slow release fertiliser prills provide up to three months sustained feeding, meaning your lawn is fed while getting rid of weeds at the same time.



TUI ALL PURPOSE + 25% EXTRA FREE

Tui All Purpose Potting Mix has 25% extra free to keep your potted plants healthy over summer. Use in pots, containers & hanging baskets to create ideal growing conditions for your potted plants.



TUI MULCH & FEED

This two in one combination provides the benefits of mulching while replacing vital nutrients. **Tui Mulch & Feed** protects your plants from extremes in temperatures, keeps roots moist, suppresses weed growth and creates a tidy look for your garden.



KENT & STOWE GARDEN TRUG

Your essential accessory when planting and harvesting in your garden. As practical as it is pretty, the **Kent & Stowe Garden Trug** is perfect for gathering vegetables and herbs, and ideal for carrying small garden tools and accessories around the garden. The Kent & Stowe range of beautifully crafted gardening tools make the perfect gift for the gardener in your life this Christmas.



READERS PICK

TUI ORGANIC SEAWEED PLANT TONIC

"I simply love this, it is awesome to help all my vegetables and plants both indoors and out thrive!" – **Rebecca**

"Great all-round product for a bountiful garden. Couldn't do without it" – **Christine**

"My go-to for anything amiss in my garden. Sometimes I have clawed a plant back from almost dead with this amazing product!" – **Mandy**

"Excellent product to help keep your plants looking healthy and lush" – **Brent**



FIND OUT WHAT TO PLANT AT YOUR PLACE THIS WEEKEND



Use our handy tool at tuiproducts.co.nz to discover when to plant veges, herbs and fruit in your garden, along with tips, guides and recipe inspiration!